

FASTEST THREE-MILE RELAY TEAM IN WORLD WILL SHINE AT OLYMPIC



Training daily at Celtic Park, L. I., are many men who hope to wear the police shield of Uncle Sam in the Olympic games, but none shine more brilliantly than the above quartet, the world's fastest three-mile relay team.

As they are running the men are George Bonhag, Abel Kiviat, Mel Shepard and George Gissing. When they team in the relay event they are expected to shatter all existing records.

* GOOD THINGS TO EAT *

Strawberry Muffins.

Beat 1 egg, a teaspoon of sugar, $\frac{1}{4}$ cup of butter together, add 1 cup of milk, a little salt and 1 cup of flour, into which is sifted 2 teaspoons of baking powder. Add enough flour to make a batter stiff enough to drop from the spoon,

and last 1 cup of ripe strawberries. Bake in hot muffin pans.

Rice Pudding With Strawberries.

Into 1 quart of milk sweetened with $\frac{1}{2}$ cup of sugar stir one cup of well-washed rice; add $\frac{1}{4}$ teaspoon of salt and bake in slow over 3 hours. When cold serve with crushed strawberries made very sweet.